

Synthroid®

(levothyroxine sodium tablets, USP)



**Synthroid has helped millions
of people keep their thyroid hormone
levels in balance**



USE

SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism in adults and children, including infants. It is meant to replace a hormone that is usually made by your thyroid gland. Generally, thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).

IMPORTANT SAFETY INFORMATION

- Thyroid hormones, including SYNTHROID, should not be used either alone or in combination with other drugs for the treatment of obesity or weight loss. In patients with normal thyroid levels, doses of SYNTHROID used daily for hormone replacement are not helpful for weight loss. Larger doses may result in serious or even life-threatening events, especially when used in combination with certain other drugs used to reduce appetite.

Please see additional Important Safety Information, including **BOXED Warning** regarding inappropriate treatment for obesity or for weight loss, on page 18.

Please see full [Prescribing Information](http://www.rxabbvie.com/pdf/synthroid.pdf), or visit www.rxabbvie.com/pdf/synthroid.pdf



IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

- Do not use SYNTHROID if you have uncorrected adrenal problems.
- Use SYNTHROID only as ordered by your doctor. Taking too much or too little SYNTHROID may lead to negative effects on growth and development, heart function, bone health, reproductive function, mental health, digestive function, and changes in blood sugar and cholesterol metabolism in adult or pediatric patients.

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Please see full Prescribing Information.

Doctors have prescribed Synthroid for over 60 years to help keep thyroid hormone levels in balance

If you haven't found the right solution for your hypothyroidism, learn more about Synthroid in this brochure, and ask your doctor if Synthroid is right for you. Millions of people living with hypothyroidism, like Tracy, have been prescribed Synthroid to help keep their thyroid hormone levels in balance.



I've been on Synthroid for 14 years and it keeps my TSH levels where they're supposed to be.

- Tracy, living with hypothyroidism



See Tracy's story on [Synthroid.com](https://www.synthroid.com)

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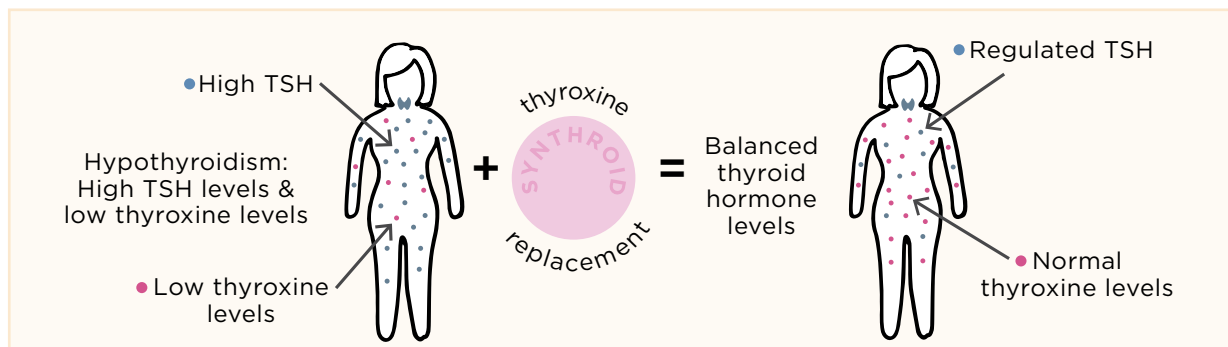


How Synthroid works

Restoring your thyroid levels

When you have hypothyroidism, your thyroid gland isn't able to make enough thyroid hormones. As a result, your body's system slows down.

Synthroid is a prescription medication that helps restore TSH (thyroid-stimulating hormone) levels by replacing the amount of thyroxine that your body is missing. The active ingredient in Synthroid is levothyroxine sodium, a man-made hormone that works in the same way as thyroxine.



To learn more, watch our short, animated video at [Synthroid.com](https://www.synthroid.com)

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What to expect when starting Synthroid

As with any hypothyroidism treatment, it may take some time for you and your doctor to find the dose of Synthroid that works best for you. Even after finding the right dose, it may take several weeks before your thyroid hormone levels adjust and you notice an improvement in symptoms. Try to be patient. Then be sure to take your Synthroid the right way every day so that it can work properly.

The right way, every day



Take Synthroid once a day, every day at the same time before breakfast



Take Synthroid with only water and on an empty stomach



Wait 30 minutes to 1 hour before eating or drinking anything other than water



Did you know?

Walnuts can affect the way Synthroid is absorbed in the body.

Learn about other foods that interfere with the absorption of Synthroid.

For more information, read the enclosed **Guide to Taking Synthroid the Right Way.**

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Taking too much levothyroxine may affect your heart, especially if you are elderly or have heart disease. Tell your doctor immediately if you have any signs of increased heart rate, chest pain, or an irregular heartbeat.

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Precise dosing matters

There's no "one-size-fits-all" solution for hypothyroidism

Every person with hypothyroidism requires a precise amount of medicine to meet their unique needs. And even small changes in the dose or absorption of your medicine may have a big impact on your thyroid levels and how you feel.

With Synthroid's 12 precise dosing options, your doctor has the flexibility to find the dose that meets your individual needs and get your thyroid levels in the range that's right for you.



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Finding the right dose with your doctor

When you first start taking Synthroid, your doctor will usually test your thyroid hormone levels every 6 to 8 weeks. Because thyroid hormone needs are very precise, your doctor may need to make small adjustments to find the dose that's right for you. It may take several weeks before you notice Synthroid is working and for your thyroid hormone levels to adjust to the correct level.

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor, and immediately tell your doctor if there are any changes. If you are taking blood thinners, your blood clotting status should be checked often.

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Being consistent with Synthroid

Did you know?

Several manufacturers make their own generic levothyroxine product. And pharmacies sometimes change which manufacturers they buy their levothyroxine from. So, if you're taking a generic medicine to manage your hypothyroidism, it's possible that you are getting a different levothyroxine product when you refill your prescription. Even if your doctor prescribed brand-name Synthroid, there's a chance your pharmacy could switch you to a generic levothyroxine if your doctor didn't specify the brand was medically necessary. That's because the Food and Drug Administration has determined that certain levothyroxine products are interchangeable and can be substituted by your pharmacist.



Brand-name Synthroid

When your doctor prescribes Synthroid, ask for brand-name Synthroid at the pharmacy so you know you're always getting the same product from the same manufacturer with every refill.

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At the doctor's office, we have decided together that he will make notations with my pharmacy, to be **Synthroid-specific**

- Wendy, a hypothyroidism patient, taking Synthroid.

See how Wendy gets her Synthroid prescription at the pharmacy, as prescribed by her doctor on [Synthroid.com](https://www.synthroid.com)

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.

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2 options to save on Synthroid

OPTION 1 Synthroid Copay Savings Card

Commercially insured patients will pay as little as \$25 a month with the Copay Card.

Eligibility: Available to patients with commercial insurance coverage for Synthroid® (levothyroxine sodium) who meet eligibility criteria. This copay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offer subject to change or termination without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. **For full Terms and Conditions, visit SYNTHROIDSAVINGS CARD.COM or call 1-866-627-4980 for additional information.** To learn about AbbVie's privacy practices and your privacy choices, visit <https://abbvie.ie/corpprivacy>



Patient Support Program

Sign up today on Synthroid.com to receive savings, tools, and educational resources to help with your treatment.

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.

Please see additional Important Safety Information, including BOXED Warning regarding inappropriate treatment for obesity or for weight loss, on page 18.

Please see full Prescribing Information.

BRAND-NAME SYNTHROID DELIVERED RIGHT TO YOUR DOOR

You pay just **\$25 a month** for a 90-day prescription.[†]
Get convenient free home delivery with every order.

Synthroid® *Delivers*
PROGRAM

OPTION 2



Always brand-name Synthroid with every refill

You never have to worry about getting a different medication—your prescription will never be filled with a generic levothyroxine sodium medication.

Get brand-name Synthroid with free home delivery consistently and conveniently.

With the **Synthroid Delivers Program**, everyone with a Synthroid prescription pays the same price, every time, with no hidden out-of-pocket costs or price fluctuations. **The program does not use or accept insurance.** Pricing as low as **\$25 a month** with a 90-day prescription regardless of your insurance status.*



Pharmacy team support

Live pharmacy team support to help answer your Synthroid questions.
Call **(844) GET-SYNTHROID, 844-438-7968 Monday-Friday, 8am - 8pm ET.**



Visit SynthroidDeliversProgram.com to enroll in the **Synthroid Delivers Program** and save on Synthroid.



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[†]Other pricing is available for 30 (\$29.50) and 60 (\$54) days. See full pricing information at SynthroidDeliversProgram.com. Terms, conditions, and eligibility restrictions apply for the *Synthroid Delivers Program*.
Tablet shown not actual size and may not represent exact color.



What to expect long term

Hypothyroidism is generally a lifelong condition requiring lifelong treatment. By continuing to take Synthroid as your doctor prescribed and getting your levels checked regularly, you can help keep your thyroid levels where they should be.



Dose adjustments over time

Throughout your lifetime, your doctor may have to adjust your dose of Synthroid. That's because the amount of thyroid hormone your body needs may change. Some of the reasons for this may include major life events like pregnancy or menopause, or aging.

Your role in treatment

Keeping your thyroid hormone levels in balance takes commitment. And that means more than simply taking a pill once a day. It means:

- Continuing to take Synthroid the right way
- Getting your thyroid levels checked regularly
- Keeping your doctor informed about how you're feeling and about any new symptoms you're experiencing

By taking an active role in managing your hypothyroidism, you can help keep your thyroid levels where they need to be.

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Making sure it's Synthroid

1 in 3 people who think they are taking Synthroid aren't.

The Food and Drug Administration has determined that certain levothyroxine products are interchangeable and can be substituted at the pharmacy.

Ways to get Synthroid as your doctor prescribed



- 1. Ask your doctor to note their preference** on the prescription.

Without specific instructions, like DAW (Dispense as written), you may get switched without your knowledge, depending on your state pharmacy law.



- 2. Let your pharmacist or mail-order service know** that your doctor prefers brand-name Synthroid.



- 3. Check your pill.** Before leaving the pharmacy or as soon as your prescription arrives, check the pill to make sure it says "SYNTHROID" on it. If it doesn't, let your pharmacist know you want what your doctor prefers.

You can also enroll in the *Synthroid Delivers Program*. A direct-to-patient, cash-pay pharmacy program that will send brand-name Synthroid right to your door each month—with no substitutions.

Synthroid[®] Delivers[™]
PROGRAM

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Tell your doctor if you start experiencing any of the following symptoms: rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.

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It's important to talk to your doctor

Hypothyroidism isn't just about TSH numbers. It's bigger than a blood test. It's also about how you're feeling. Listen to your body. If something doesn't feel right, be sure to discuss it with your doctor. Having an open and candid conversation with your doctor can go a long way toward helping you both understand what you're experiencing—and finding possible solutions.

Conversation starters

- Describe any feelings you've been concerned about. Could these be related to hypothyroidism?
- What types of symptoms can hypothyroidism cause?
- How do I feel about how well my current hypothyroidism treatment regimen is working? Why do I feel this way?
- What should I expect from my hypothyroidism treatment?
- Is there anything else I could be doing to help manage my hypothyroidism?
- How can I make sure my pharmacy gives me the medication you, the doctor, prescribe?

Please see Important Safety Information, including **BOXED Warning** regarding inappropriate treatment for obesity or for weight loss, on [page 18](#).

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IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Partial hair loss may occur during the first few months you are taking SYNTHROID.

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Understanding hypothyroidism

More than 30 million adult Americans have been diagnosed with hypothyroidism

Hypothyroidism affects people of all ages and all walks of life. Women are more likely than men to develop it. People over 60 (particularly women) and pregnant women are also more likely than others to develop hypothyroidism.

Hypothyroidism is when the thyroid gland doesn't make enough thyroid hormones. This causes the body's system to slow down and can lead to symptoms like fatigue, feeling cold, weight gain due to fluid retention, dry skin, and hair loss.

Symptoms

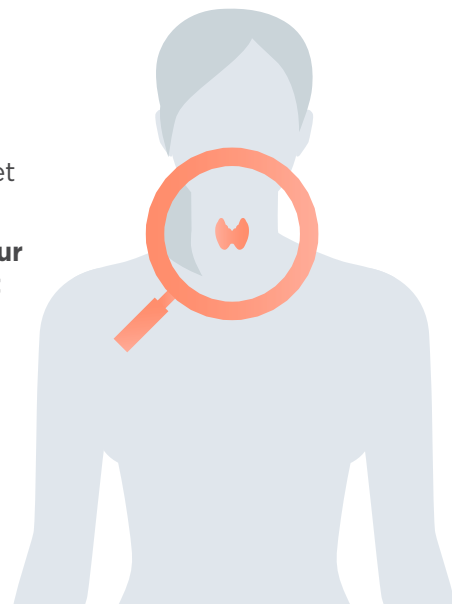
Some of the main symptoms of hypothyroidism include:

- Slower speech or movement
- Swollen thyroid gland
- Heavy menstrual bleeding or irregular periods
- Muscle and joint pain
- Muscle weakness
- Difficulty thinking and focusing
- Feeling depressed
- Forgetfulness
- Low energy
- Constipation
- Swollen legs, ankles, or feet

If you experience any of these symptoms, talk to your doctor. He or she may want to check your TSH level.

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The importance of TSH in hypothyroidism

TSH is short for thyroid-stimulating hormone. It is released by a small gland in the brain called the pituitary. TSH is the hormone that regulates the production of T3 and T4 thyroid hormones in the thyroid gland, which help to regulate many bodily functions. Depending on T3 and T4 levels in the body, the pituitary gland releases more or less TSH as needed.

People with hypothyroidism are unable to produce enough of the thyroid hormones their bodies need. The body responds by signaling the brain to produce more TSH in an attempt to stimulate the thyroid. This results in high TSH levels and low thyroid hormone levels, which are associated with hypothyroidism.

The TSH test



A TSH test is used to check the level of thyroid-stimulating hormone in the blood. Your TSH level can indicate whether your thyroid gland is working properly.

Once you have been diagnosed with hypothyroidism and your doctor has prescribed a treatment plan, it's important to have your TSH tested periodically. This will determine if any adjustments need to be made to your thyroid medication dose or how you take your medicine.

No matter how much you already know, it's important to keep learning about your condition. The better you understand hypothyroidism, the better prepared you are to manage it.

IMPORTANT SAFETY CONSIDERATIONS (CONTINUED)

Tell your doctor if you are taking any other drugs, including prescription and over-the-counter products.

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Use and Important Safety Information

USE

SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism in adults and children, including infants. It is meant to replace a hormone that is usually made by your thyroid gland. Generally, thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).

IMPORTANT SAFETY INFORMATION

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- Do not use SYNTHROID if you have uncorrected adrenal problems.
- Use SYNTHROID only as ordered by your doctor. Taking too much or too little SYNTHROID may lead to negative effects on growth and development, heart function, bone health, reproductive function, mental health, digestive function, and changes in blood sugar and cholesterol metabolism in adult or pediatric patients.
- Taking too much levothyroxine may affect your heart, especially if you are elderly or have heart disease. Tell your doctor immediately if you have any signs of increased heart rate, chest pain, or an irregular heartbeat.
- Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor, and immediately tell your doctor if there are any changes. If you are taking blood thinners, your blood clotting status should be checked often.

- Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.
- Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.
- Tell your doctor if you start experiencing any of the following symptoms: rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.
- Partial hair loss may occur during the first few months you are taking SYNTHROID.
- Tell your doctor if you are taking any other drugs, including prescription and over-the-counter products.
- Products such as iron and calcium supplements and antacids can lower your body's ability to absorb levothyroxine, so SYNTHROID should be taken 4 hours before or after taking these products.
- Tell your doctor or dentist that you are taking SYNTHROID before any surgery.
- Use SYNTHROID only as ordered by your doctor. Take SYNTHROID as a single dose, preferably on an empty stomach, one-half to one hour before breakfast.
- Once your doctor has found your specific SYNTHROID dose, it is important to have periodic lab tests and clinical evaluations to assess your treatment response.
- Foods like soybean flour, cottonseed meal, walnuts, and dietary fiber may cause your body to absorb less SYNTHROID from the gastrointestinal tract. Grapefruit juice may cause your body to absorb less levothyroxine and may reduce its effect. Let your doctor know if you eat these foods, as your dose of SYNTHROID may need to be adjusted.
- It may take several weeks before you notice an improvement in your symptoms.

This is the most important safety information you should know about SYNTHROID.

For more information, talk with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.

Please see full [Prescribing information](#).

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Synthroid is the #1 prescribed branded hypothyroidism treatment.



Our assurance

Synthroid tablets contain no ingredients made from gluten-containing grain (wheat, barley, or rye).



Follow us on Facebook and Instagram

Connect with others, discover new information, and get ongoing updates about Synthroid.

SAFETY CONSIDERATIONS

- **Thyroid hormones, including SYNTHROID, should not be used for the treatment of obesity or weight loss. Large doses of thyroid hormone, especially when used with certain drugs that reduce appetite, can result in serious and even life-threatening effects.**
- Do not use SYNTHROID if you have uncorrected adrenal problems.
- Use SYNTHROID only as ordered by your doctor. Taking too much or too little SYNTHROID may lead to negative effects on growth and development, heart function, bone health, reproductive function, mental health, digestive function, and changes in glucose and lipid metabolism in adult or pediatric patients.
- Taking too much levothyroxine may affect your heart, especially if you are elderly or have heart disease. Tell your doctor immediately if you have any signs of increased heart rate, chest pain, or an irregular heartbeat.
- Talk to your doctor about all medications you are taking, pregnancy plans, and all medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. Tell your doctor if you are taking SYNTHROID prior to any surgery.
- Excessive amounts of levothyroxine sodium therapy have been associated with decreased bone strength, especially in women after menopause.
- Tell your doctor if you experience rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.

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