



**Synthroid has helped millions  
of patients keep their  
thyroid levels in balance**

## **USE**

**SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism. It is meant to replace a hormone that is usually made by your thyroid gland. Generally, thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).**

**Please see additional Important Safety Information, including BOXED Warning regarding inappropriate treatment for obesity or for weight loss, on page 18.**

**Please see accompanying full Prescribing Information enclosed.**

**Synthroid®**  
*(levothyroxine sodium tablets, USP)*





### SAFETY CONSIDERATIONS

Thyroid hormones, including SYNTHROID, should not be used either alone or in combination with other drugs for the treatment of obesity or weight loss. In patients with normal thyroid levels, doses of SYNTHROID used daily for hormone replacement are not helpful for weight loss. Larger doses may result in serious or even life-threatening events, especially when used in combination with certain other drugs used to reduce appetite.

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## Doctors have prescribed Synthroid for over 60 years to keep thyroid levels in balance

If you haven't found the right solution for your hypothyroidism, learn more about Synthroid in this brochure, and ask your doctor if Synthroid is right for you. Millions of people living with hypothyroidism, like Tracy, have been prescribed Synthroid to help keep their thyroid levels in balance.



**I've been on Synthroid for 14 years**  
and it keeps my TSH levels where  
they're supposed to be.

- Tracy, taking Synthroid



Scan the code to see Tracy's  
story on [Synthroid.com](https://www.synthroid.com)

Synthroid<sup>®</sup>  
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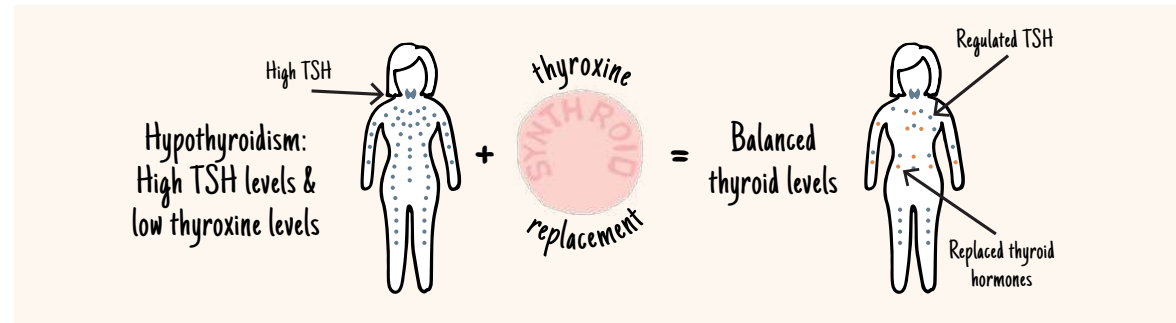


# How Synthroid works

## Restoring your thyroid levels

When you have hypothyroidism, your thyroid gland isn't able to make enough thyroid hormones. As a result, your body's system slows down.

Synthroid is a prescription medication that helps restore TSH (thyroid-stimulating hormone) levels by replacing the amount of thyroxine that your body is missing. The active ingredient in Synthroid is levothyroxine sodium, a man-made hormone that works in the same way as thyroxine.



To learn more, watch our short animated video at [Synthroid.com](https://www.synthroid.com)

Tablet shown not actual size and may not represent exact color.

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## What to expect when starting Synthroid

As with any hypothyroidism treatment, it may take some time for you and your doctor to find the dose of Synthroid that works best for you. Even after finding the right dose, it may take several weeks before you notice an improvement in symptoms. Try to be patient. Then be sure to take your Synthroid the right way every day so that it can work properly.

### The right way, every day



Take Synthroid once a day, every day at the same time before breakfast



Take Synthroid with only water and on an empty stomach



Wait 30 minutes to 1 hour before eating or drinking anything other than water



### Did you know?

**Walnuts can affect the way Synthroid is absorbed in the body.**

For more information on how to take Synthroid, read the enclosed Guide to Taking Synthroid the Right Way.

## SAFETY CONSIDERATIONS

Do not use SYNTHROID if you have uncorrected adrenal problems.

Synthroid<sup>®</sup>  
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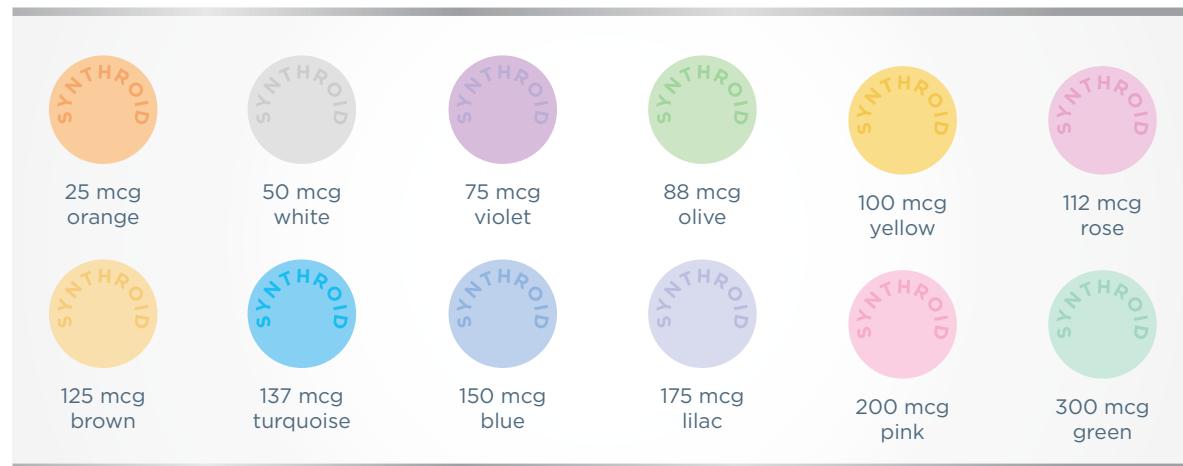


## Precise dosing matters

### There's no "one-size-fits-all" solution for hypothyroidism

Every person with hypothyroidism requires a precise amount of medicine to meet their unique needs. And even small changes in the dose or absorption of your medicine may have a big impact on your thyroid levels and how you feel.

With Synthroid's 12 precise dosing options, your doctor has the flexibility to find the dose that meets your individual needs and get your thyroid levels in the range that's right for you.



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### Finding your precise dose with your doctor

When you first start taking Synthroid, your doctor will usually test your thyroid levels every 6 to 8 weeks. Because thyroid hormone needs are very precise, your doctor may need to make small adjustments to find the dose that's right for you. It may take several weeks before you notice Synthroid is working and for your thyroid levels to adjust to the correct level.

### SAFETY CONSIDERATIONS

Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.

Synthroid<sup>®</sup>  
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## Being consistent with Synthroid

### Did you know?

Several manufacturers make their own generic levothyroxine product. And pharmacies sometimes change which manufacturers they buy their levothyroxine from. So, if you're taking a generic medicine to manage your hypothyroidism, it's possible that you are getting a different levothyroxine product when you refill your prescription.

Even if your doctor prescribed brand-name Synthroid, there's a chance your pharmacy could switch you to a generic levothyroxine if your doctor didn't specify the brand was medically necessary. That's because the Food and Drug Administration has determined that certain levothyroxine products are interchangeable and can be substituted by your pharmacist.



### Brand-name Synthroid

When your doctor prescribes Synthroid, ask for brand-name Synthroid at the pharmacy so you know you're always getting the same medication from the same manufacturer with every refill.

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### Important to keep in mind

Inactive ingredients, also known as fillers, in other levothyroxine medications made by different manufacturers are not always the same as they are in Synthroid. This is important to know because your body may react differently to the inactive ingredients from one product to another, including Synthroid. Most but not all levothyroxine products have been determined by the FDA to be therapeutically equivalent.



When I pick up my prescription at the pharmacy, **I open up the bottle and check the pill to make sure it says 'SYNTHROID.'**

- Elisa, taking Synthroid

See Elisa's story on [Synthroid.com](https://www.synthroid.com)

### SAFETY CONSIDERATIONS

Once your doctor has found your specific SYNTHROID dose, it is important to have lab tests done, as ordered by your doctor, at least once a year.

Synthroid<sup>®</sup>  
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## 2 ways to save on Synthroid



### Synthroid co-pay savings card

Most commercially insured patients will pay no more than \$25 per month.\*†

(Card is not valid in MA and CA.)

\*Eligibility restrictions apply. †\$75 for a 90-day prescription.

Individual insurance plans may vary.

Present this card to your pharmacist, along with your commercial insurance card and a valid prescription, to reduce the amount due for your prescription. To activate your card or ask questions, or if your pharmacy does not accept this card, please call OPUS Health at 1.866.627.4980.

### Before Breakfast Club

Sign up today on [Synthroid.com](http://Synthroid.com) to receive savings, tools, and educational resources to help with your treatment.

### SAFETY CONSIDERATIONS

Foods like soybean flour, cottonseed meal, walnuts, and dietary fiber may cause your body to absorb less SYNTHROID from the gastrointestinal tract. Grapefruit juice may cause your body to absorb less levothyroxine and may reduce its effect. Let your doctor know if you eat these foods, as your dose of SYNTHROID may need to be adjusted.

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## OPTION 1

## BRAND-NAME SYNTHROID DELIVERED RIGHT TO YOUR DOOR

You pay just **\$25 a month** for a 90-day prescription.†  
Get convenient free home delivery with every order.

Synthroid® *Delivers*  
PROGRAM



### Always brand-name Synthroid with every refill

You never have to worry about getting a different medication—your prescription will never be filled with a generic levothyroxine sodium medication.



### Get brand-name Synthroid with free home delivery consistently and conveniently.

With the **Synthroid Delivers Program**, everyone with a Synthroid prescription pays the same price, every time, with no hidden out-of-pocket costs or price fluctuations. **The program does not use or accept insurance.** Pricing as low as **\$25 a month** with a 90-day prescription regardless of your insurance status.\*



### Pharmacy team support

Live pharmacy team support to help answer your Synthroid questions.  
**Call (844) GET-SYNTHROID Monday-Friday, 8 AM-5 PM ET.**

Visit [SynthroidDeliversProgram.com](http://SynthroidDeliversProgram.com) to join the **Synthroid Delivers Program** and save on Synthroid.

†Other pricing is available for 30 (\$29.50) and 60 (\$54) days. See full pricing information at [SynthroidDeliversProgram.com](http://SynthroidDeliversProgram.com). Terms, conditions, and eligibility restrictions apply for the *Synthroid Delivers Program*.  
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## OPTION 2

Synthroid®  
(levothyroxine sodium tablets, USP)



## 2 ways to save on Synthroid

**Eligibility:** Available to patients with commercial prescription insurance coverage for Synthroid who meet eligibility criteria. Co-pay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law or by the patient's health insurance provider. If at any time a patient begins receiving prescription drug coverage under any such federal, state, or government funded healthcare program, patient will no longer be able to use the Synthroid card and patient must call OPUS Health at 1.866.627.4980 to stop participation. Patients residing in or receiving treatment in certain states may not be eligible. Patients may not seek reimbursement for value received from the Synthroid Co-pay Savings Card from any third-party payers. Offer subject to change or discontinuance without notice. Restrictions, including monthly maximums, may apply. **This is not health insurance.** Please see full Terms and Conditions.

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## OPTION 2

Synthroid®  
(levothyroxine sodium tablets, USP)



## What to expect long term

Hypothyroidism is generally a lifelong condition requiring lifelong treatment. By continuing to take Synthroid as your doctor prescribed and getting your levels checked regularly, you can help keep your thyroid levels where they should be.



### Dose adjustments over time

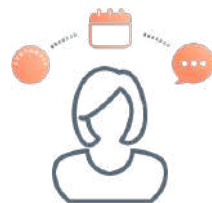
Throughout your lifetime, your doctor may have to adjust your dose of Synthroid. That's because the amount of thyroid hormone your body needs may change. Some of the reasons for this may include major life events like pregnancy or menopause, or aging.

### Your role in treatment

Keeping your thyroid levels in balance takes commitment. And that means more than simply taking a pill once a day. It means:

- Continuing to take Synthroid the right way
- Getting your thyroid levels checked regularly
- Keeping your doctor informed about how you're feeling and about any new symptoms you're experiencing

By taking an active role in managing your hypothyroidism, you can help keep your thyroid levels where they need to be.



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## Getting what your doctor prescribed

### 3 simple steps to get Synthroid



**1. Ask your doctor to note his or her preference** on the prescription. Without specific instructions for the pharmacy, you may get switched.



**2. Let your pharmacist or mail-order service know** that your doctor prefers brand-name Synthroid.



**3. Check your pill.** Before leaving the pharmacy or as soon as your prescription arrives, check the pill to make sure it says "SYNTHROID" on it. If it doesn't, let your pharmacist know you want what your doctor prefers.

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### SAFETY CONSIDERATIONS

Use SYNTHROID only as ordered by your doctor. Take SYNTHROID as a single dose, preferably on an empty stomach, one-half to one hour before breakfast.

Synthroid<sup>®</sup>  
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## It's important to talk to your doctor

Hypothyroidism isn't just about TSH numbers. It's bigger than a blood test. It's also about how you're feeling. Listen to your body. If something doesn't feel right, be sure to discuss it with your doctor. Having an open and candid conversation with your doctor can go a long way toward helping you both understand what you're experiencing—and finding possible solutions.

### Conversation starters

- 
- Describe any feelings you've been concerned about. Could these be related to hypothyroidism?
  - Can hypothyroidism affect things like mood, energy, and memory?
  - How do I feel about how well my current hypothyroidism treatment regimen is working? Why do I feel this way?
  - What should I expect from my hypothyroidism treatment?
  - Is there anything else I could be doing to help manage my hypothyroidism?

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### SAFETY CONSIDERATIONS

Products such as iron and calcium supplements and antacids can lower your body's ability to absorb levothyroxine, so SYNTHROID should be taken 4 hours before or after taking these products.

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## Understanding hypothyroidism

### More than 30 million Americans have been diagnosed with hypothyroidism

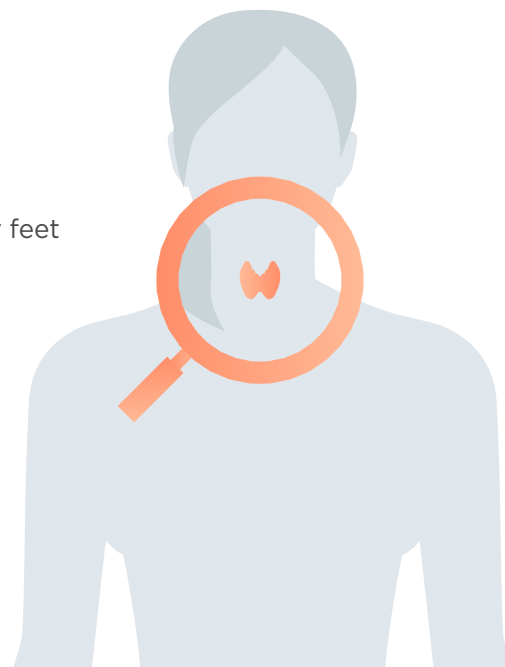
Hypothyroidism affects people of all ages and all walks of life. Women are more likely than men to develop it. People over 60 (particularly women) and pregnant women are also more likely than others to develop hypothyroidism.

Hypothyroidism is when the thyroid gland doesn't make enough thyroid hormones. This causes the body's system to slow down and can lead to symptoms like fatigue, feeling cold, weight gain due to fluid retention, dry skin, and hair loss.

### Symptoms

Some of the main symptoms of hypothyroidism include:

- Slower speech or movement
- Swollen thyroid gland
- Heavy menstrual bleeding or irregular periods
- Muscle and joint pain
- Muscle weakness
- Difficulty thinking and focusing
- Feeling depressed
- Forgetfulness
- Low energy
- Constipation
- Swollen legs, ankles, or feet



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## The importance of TSH in hypothyroidism

TSH is short for thyroid-stimulating hormone. It is released by a small gland in the brain called the pituitary. TSH is the hormone that regulates the production of T3 and T4 thyroid hormones in the thyroid gland, which help to regulate many bodily functions. Depending on T3 and T4 levels in the body, the pituitary gland releases more or less TSH as needed.

People with hypothyroidism are unable to produce enough of the thyroid hormones their bodies need. The body responds by signaling the brain to produce more TSH in an attempt to stimulate the thyroid. This results in high TSH levels and low thyroid hormone levels, which are associated with hypothyroidism.

### The TSH test



A TSH test is used to check the level of thyroid-stimulating hormone in the blood. Your TSH level can indicate whether your thyroid gland is working properly.

Once you have been diagnosed with hypothyroidism and your doctor has prescribed a treatment plan, it's important to have your TSH tested periodically. This will determine if any adjustments need to be made to your thyroid medication dose or how you take your medicine.

No matter how much you already know, it's important to keep learning about your condition. The better you understand hypothyroidism, the better prepared you are to manage it.

Visit [Synthroid.com](https://www.synthroid.com) to learn more about symptoms and how hypothyroidism affects the body.

### SAFETY CONSIDERATIONS

Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.



## Important Safety Information

### USE

SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism. It is meant to replace a hormone that is usually made by your thyroid gland. Generally, thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).

### IMPORTANT SAFETY INFORMATION

- **Thyroid hormones, including SYNTHROID, should not be used either alone or in combination with other drugs for the treatment of obesity or weight loss. In patients with normal thyroid levels, doses of SYNTHROID used daily for hormone replacement are not helpful for weight loss. Larger doses may result in serious or even life-threatening events, especially when used in combination with certain other drugs used to reduce appetite.**
- Do not use SYNTHROID if you have uncorrected adrenal problems.
- Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.
- Once your doctor has found your specific SYNTHROID dose, it is important to have lab tests done, as ordered by your doctor, at least once a year.
- Foods like soybean flour, cottonseed meal, walnuts, and dietary fiber may cause your body to absorb less SYNTHROID from the gastrointestinal tract. Grapefruit juice may cause your body to absorb less levothyroxine and may reduce its effect. Let your doctor know if you eat these foods, as your dose of SYNTHROID may need to be adjusted.
- Use SYNTHROID only as ordered by your doctor. Take SYNTHROID as a single dose, preferably on an empty stomach, one-half to one hour before breakfast.

- Products such as iron and calcium supplements and antacids can lower your body's ability to absorb levothyroxine, so SYNTHROID should be taken 4 hours before or after taking these products.
- Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.
- It may take several weeks before you notice an improvement in your symptoms.
- Tell your doctor if you are taking any other drugs, including prescription and over-the-counter products.
- Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor, and immediately tell your doctor if there are any changes. If you are taking blood thinners, your blood clotting status should be checked often.
- Tell your doctor or dentist that you are taking SYNTHROID before any surgery.
- Tell your doctor if you develop any of the following symptoms: rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.
- Partial hair loss may occur during the first few months you are taking SYNTHROID.

**This is the most important safety information you should know about SYNTHROID. For more information, talk with your doctor.**

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

**If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.**

**Synthroid®**  
(levothyroxine sodium tablets, USP)





**Synthroid is the #1 prescribed  
branded hypothyroidism treatment.\***

\*2010-2016.

### **Our assurance: no gluten**

Synthroid tablets contain no ingredients made from  
gluten-containing grain (wheat, barley, or rye).



### **Follow us on Facebook and Instagram**

Be part of the conversation. Connect with others,  
discover new information, and get ongoing updates about Synthroid.

