

# 70

## YEARS

of helping people  
keep their thyroid  
levels balanced

Precise. Consistent. Trusted.

# MAKE SURE

IT'S SYNTHROID

## America's #1 prescribed branded hypothyroidism medication\*

\*February 2019 through January 2025.

Tablet shown not actual size and may not represent exact color.

### USE

SYNTHROID® (levothyroxine sodium) tablets, for oral use is a prescription, man-made thyroid hormone that is used to treat a condition called hypothyroidism in adults and children, including infants. It is meant to replace a hormone that is usually made by your thyroid gland. Generally, thyroid replacement treatment is to be taken for life. SYNTHROID should not be used to treat noncancerous growths or enlargement of the thyroid in patients with normal iodine levels, or in cases of temporary hypothyroidism caused by inflammation of the thyroid gland (thyroiditis).

### IMPORTANT SAFETY INFORMATION

- **Thyroid hormones, including SYNTHROID, should not be used either alone or in combination with other drugs for the treatment of obesity or weight loss. In patients with normal thyroid levels, doses of SYNTHROID used daily for hormone replacement are not helpful for weight loss. Larger doses may result in serious or even life-threatening events, especially when used in combination with certain other drugs used to reduce appetite.**

**Please see additional Important Safety Information, including BOXED WARNING regarding inappropriate treatment for obesity or for weight loss, on pages 18-19.**

**Please see full  
Prescribing Information  
at [www.rxabbvie.com/  
pdf/synthroid.pdf](http://www.rxabbvie.com/pdf/synthroid.pdf).**

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(levothyroxine sodium tablets, USP)





### IMPORTANT SAFETY INFORMATION (continued)

- Do not use SYNTHROID if you have uncorrected adrenal problems.
- Use SYNTHROID only as ordered by your doctor. Taking too much or too little SYNTHROID may lead to negative effects on growth and development, heart function, bone health, reproductive function, mental health, digestive function, and changes in blood sugar and cholesterol metabolism in adult or pediatric patients.
- Taking too much levothyroxine may affect your heart, especially if you are elderly or have heart disease. Tell your doctor immediately if you have any signs of increased heart rate, chest pain, or an irregular heartbeat.

## Prescribed to get—and keep—your thyroid hormone levels in balance

If you haven't found the right solution for your hypothyroidism, it may be time to talk to your doctor about Synthroid.



### #1 prescribed branded hypothyroidism treatment\*

Millions of people have been prescribed Synthroid to help manage their hypothyroidism—more than any other brand.

\*February 2019 through January 2025.



### 70 years of helping people manage their thyroid hormone levels

Doctors have turned to Synthroid for 70 years to help keep their patients' thyroid hormone levels in balance.



### Over 90% of doctors prefer Synthroid

HCPs trust Synthroid the most to provide consistent formulation of levothyroxine sodium to treat hypothyroidism.<sup>†</sup>

<sup>†</sup>92% in a survey of 136 participants.

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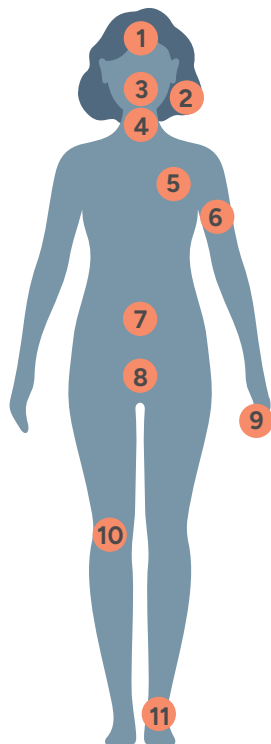
### More than 30 million adult Americans have been diagnosed with hypothyroidism

Hypothyroidism occurs when the thyroid gland **doesn't make enough thyroid hormones**. This causes the body's system to slow down and can lead to symptoms like fatigue, feeling cold, weight gain due to fluid retention, dry skin, and hair loss.

### Hypothyroidism from head to toe

Some of the main symptoms of hypothyroidism include:

- 1 | Difficulty thinking and focusing, feeling depressed, or forgetfulness
- 2 | Hair loss
- 3 | Slower speech or movement, hoarse voice, or puffy face
- 4 | Swollen thyroid gland
- 5 | Low energy
- 6 | Muscle weakness
- 7 | Constipation
- 8 | Heavy menstrual bleeding or irregular periods
- 9 | Brittle fingernails
- 10 | Muscle and joint pain
- 11 | Swollen legs, ankles, or feet



Because these symptoms may represent conditions other than hypothyroidism, be sure to talk to your doctor.

### Restoring your thyroid levels

When your thyroid gland isn't making enough of the thyroid hormone thyroxine (T4), your thyroid levels become unbalanced.

The body makes T4 as a response to the thyroid-stimulating hormone (TSH), which is produced by a small gland in the brain called the pituitary.

If TSH levels are too high or too low, it can indicate your thyroid is not working properly and your doctor can recommend medication.

The goal of hypothyroidism treatment is to bring your thyroid levels back within a normal range.

### Treating hypothyroidism

A blood test reveals thyroid hormone levels are out of normal range



Low T4 levels



High TSH



Your doctor prescribes medication to help regulate levels



Thyroid hormone levels balance



Normal T4 levels



Regulated TSH

## What is Synthroid?

Synthroid (levothyroxine sodium) is a prescription medication used to treat hypothyroidism that has been prescribed for over 70 years to help get—and keep—your thyroid hormone levels in balance.

## Dosing options to fit your needs

There's no "one-size-fits-all" solution for hypothyroidism. That's why Synthroid is available in a variety of dosing strengths.

**Synthroid comes in 12 dosing options to help your doctor find the right dose for you.** Your doctor will determine a starting dose based on your weight, age, cause of hypothyroidism, and other health conditions, as well as other medications you're taking.



25 mcg  
orange



50 mcg  
white



75 mcg  
violet



88 mcg  
olive



100 mcg  
yellow



112 mcg  
rose



125 mcg  
brown



137 mcg  
turquoise



150 mcg  
blue



175 mcg  
lilac



200 mcg  
pink



300 mcg  
green

Tablets shown not actual size and may not represent exact color.

## IMPORTANT SAFETY INFORMATION (continued)

- Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor, and immediately tell your doctor if there are any changes. If you are taking blood thinners, your blood clotting status should be checked often.



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### What to expect when starting Synthroid

When you first start taking Synthroid, your doctor will usually test your TSH levels every **6 to 8 weeks**. Because your hormone needs are very precise, your doctor may need to make small adjustments to find the dose that's right for you.

### How to take Synthroid the right way, every day

The way you take Synthroid can affect how much medicine your body is getting. That's why it's critical to take Synthroid as your doctor prescribes and to take it the same way, every day.

Remember these quick tips on how to take Synthroid:



#### Once a day

Take Synthroid **once a day, every day**, at the same time before breakfast.



#### On an empty stomach

Only take Synthroid with water on an **empty stomach**.



#### Wait 30 minutes

**Wait 30-60 minutes** before eating or drinking anything other than water.

### IMPORTANT SAFETY INFORMATION (continued)

- Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.
- Tell your doctor if you are pregnant or breastfeeding or are thinking of becoming pregnant while taking SYNTHROID. Your dose of SYNTHROID may need to be increased during your pregnancy.

### Did you know ?

**Walnuts can affect the way Synthroid is absorbed in the body.**

It's true. Learn more about other foods that interfere with the absorption of Synthroid by visiting [Synthroid.com](https://www.rxabbvie.com/synthroid.com).



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### Make sure you're getting what your doctor prescribed

You worked closely with your doctor to find the dose of Synthroid that's right for you, so if your doctor prefers for you to stay on Synthroid, here are ways to make sure you get Synthroid at the pharmacy.



#### Ask your doctor to note their preference on your prescription

Without specific instructions for the pharmacy, such as DAW or "Dispense As Written," you may get switched to another treatment without your knowledge, depending on your state's pharmacy laws.\*



#### Inform your pharmacist

Always let your pharmacist or mail-order pharmacy know that you and your doctor prefer brand-name Synthroid.



#### Check your pills

Before leaving the pharmacy (or as soon as your prescription arrives in the mail), check the pill to ensure it says "SYNTHROID." If it doesn't, let your pharmacist know what you and your doctor prefer.

### IMPORTANT SAFETY INFORMATION (continued)

- Tell your doctor if you start experiencing any of the following symptoms: rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.
- Partial hair loss may occur during the first few months you are taking SYNTHROID.
- Tell your doctor if you are taking any other drugs, including prescription and over-the-counter products.

### Did you know ?

#### 1 in 3 people who think they are taking Synthroid aren't

That's right, even though your doctor may have prescribed Synthroid, in some cases it can be switched at the pharmacy for a generic.\* This switch usually happens without you even realizing it because some generics come in the same shape and color as Synthroid.



#### Make sure it's brand-name Synthroid

When your doctor prescribes Synthroid, always **ask for brand-name Synthroid** at the pharmacy so you know you're always getting the same product from the same manufacturer with every refill.

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\*The Food and Drug Administration has determined that certain levothyroxine products are interchangeable and can be substituted at the pharmacy.

### Enroll in the Synthroid Delivers Program

To make it even simpler to make sure you always get Synthroid, enroll in the *Synthroid Delivers Program* and have Synthroid delivered right to your door for only \$25 a month for a 90-day prescription.<sup>†</sup>

<sup>†</sup>Other pricing available for 30 days (\$29.50) and 60 days (\$54). See full pricing information. Terms, conditions, and eligibility restrictions apply.

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# Synthroid® *Delivers* PROGRAM

## Brand-name Synthroid delivered right to your door

You pay just **\$25 a month** for a 90-day prescription.\*



### Always brand-name Synthroid

The *Synthroid Delivers Program* dispenses only brand-name Synthroid. So when your doctor and you prefer Synthroid, you don't have to worry about getting switched to a generic.



### Consistent pricing

Pay \$25 a month with a 90-day prescription regardless of your insurance status—no hidden out-of-pocket costs or price fluctuations.



### Skip the trip to the pharmacy

We'll ship your brand-name Synthroid wherever you want it. For free. All you need to do is confirm your quantity and payment method, and your Synthroid will arrive in a few business days.

## IMPORTANT SAFETY INFORMATION (continued)

- Products such as iron and calcium supplements and antacids can lower your body's ability to absorb levothyroxine, so SYNTHROID should be taken 4 hours before or after taking these products.
- Tell your doctor or dentist that you are taking SYNTHROID before any surgery.
- Use SYNTHROID only as ordered by your doctor. Take SYNTHROID as a single dose, preferably on an empty stomach, one-half to one hour before breakfast.



## Live pharmacy team support to help answer your Synthroid questions

Call (844) GET-SYNTHROID,  
**844-438-7968** Monday-Friday,  
8 AM-8 PM ET.



Visit [SynthroidDeliversProgram.com](https://www.synthroiddeliversprogram.com)  
to enroll in the *Synthroid Delivers*  
*Program* and save on Synthroid.

**Scan the QR code to enroll now.**

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## Save with the Synthroid copay savings card

Patients may pay as little as **\$25 a month** with the Synthroid copay card.\*



\*Commercially insured patients may pay as little as \$25 a month. Uninsured patients will pay \$39.95 for a 30-day prescription and \$99.90 for a 90-day prescription.

Eligibility: Available to patients with commercial insurance coverage for Synthroid® (levothyroxine sodium) who meet eligibility criteria. This co-pay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law. Offer subject to change or termination without notice. Restrictions, including monthly maximums, may apply. This is not health insurance. **For full Terms and Conditions, visit [SYNTHROID Savings Card.com](https://synthroid.com/savingscard) or call 1-866-627-4980 for additional information.** To learn about AbbVie's privacy practices and your privacy choices, visit <https://abbvie.com/privacy>

### Patient Support

Sign up today on [Synthroid.com](https://synthroid.com) to receive savings, tools, and educational resources to help with your treatment.

### IMPORTANT SAFETY INFORMATION (continued)

- Once your doctor has found your specific SYNTHROID dose, it is important to have periodic lab tests and clinical evaluations to assess your treatment response.
- Foods like soybean flour, cottonseed meal, walnuts, and dietary fiber may cause your body to absorb less SYNTHROID from the gastrointestinal tract. Grapefruit juice may cause your body to absorb less levothyroxine and may reduce its effect. Let your doctor know if you eat these foods, as your dose of SYNTHROID may need to be adjusted.
- It may take several weeks before you notice an improvement in your symptoms.



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### Managing hypothyroidism today, tomorrow, and into the future

Hypothyroidism is a lifelong condition that requires lifelong treatment. By continuing to take Synthroid as your doctor prescribed and getting your levels checked regularly, you can help keep your thyroid hormone levels where they should be.



#### Dose adjustments over time

Throughout your lifetime, your doctor may have to adjust your dose of Synthroid. That's because the amount of thyroid hormone your body needs may change. Some of the reasons for this may include major life events like pregnancy, menopause, or aging.



#### Your role in treatment

Keeping your thyroid hormone levels in balance takes commitment—that's more than just taking a pill. It means:

- Continuing to take Synthroid the right way
- Getting your thyroid hormone levels checked regularly
- Keeping your doctor informed about how you're feeling and about any new symptoms you're experiencing

By taking an active role in managing your hypothyroidism, you can help keep your thyroid hormone levels where they need to be.

**If you experience any symptoms, talk to your doctor. They may want to check your TSH levels.**

#### IMPORTANT SAFETY INFORMATION (continued)

This is the most important safety information you should know about SYNTHROID. For more information, talk with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/myAbbVieAssist](http://AbbVie.com/myAbbVieAssist) to learn more.

### Keep the conversation going

Hypothyroidism isn't just about TSH numbers. It's bigger than a blood test. It's also about how you're feeling. Listen to your body. If something doesn't feel right, be sure to discuss it with your doctor. Having an open and candid conversation with your doctor can go a long way toward helping you both understand what you're experiencing—and finding possible solutions.



#### Conversation starters

- Are there any tips that can help me stay on track with my treatment?
- What changes could I experience once my TSH numbers return to a normal level?
- What can I expect long-term? Will my hypothyroidism treatment change as I age?
- How can I be sure my prescription wasn't changed to a generic at the pharmacy?

To learn more about Synthroid and managing hypothyroidism, please visit [Synthroid.com](http://Synthroid.com).

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- Taking too much levothyroxine has been associated with increased bone loss, especially in women after menopause.
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- Talk to your doctor about all medications you are taking, pregnancy plans, and all medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking SYNTHROID. Tell your doctor if you are taking SYNTHROID prior to any surgery.
- Excessive amounts of levothyroxine sodium therapy have been associated with decreased bone strength, especially in women after menopause.
- Tell your doctor if you experience rapid or abnormal heartbeat, chest pain, difficulty catching your breath, leg cramps, headache, nervousness, irritability, sleeplessness, shaking, change in appetite, weight gain or loss, vomiting, diarrhea, increased sweating, difficulty tolerating heat, fever, changes in menstrual periods, swollen red bumps on the skin (hives) or skin rash, or any other unusual medical event.

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